Mia Thompson studied at the Queensland Ballet Academy before joining the preprofessional program under the direction of Francois Klaus. After completing one year in the program, Mia continued her studies at the West Australian Academy of Performing Arts (WAAPA) for two years. During her time at WAAPA, Mia had the opportunity to perform with the West Australian Ballet and even performed for Queen Elizabeth II. She also represented WAAPA during a performance in Beijing.

Upon graduating, Mia joined the Queensland Ballet under the direction of Li Cunxin, where she performed various corps de ballet, soloist, and principal roles. Following three successful years with the Queensland Ballet, Mia joined the Scottish Ballet and was promoted to First Artist in 2017.

In 2019, Mia joined the Sydney Dance Company, where she has remained since, performing in numerous theatres across Australia and around the world.

Thanks Mia Thompson